

Upcoming Events Attract Nurses and Alumni!



**NEXT FCN CURRICULUM
MODULES**

Basic Preparation:

January 20, 2006
Module 7: *Getting Started: The Health Ministry Team and Spiritual Leadership*

February 10, 2006
Module 1: *Models for Faith Based Nursing*

March 10, 2006
Module 2: *Mind, Body, Spirit: Faith Community Nursing roles AND Self-care*

TIMES: 9:30 am—4:00 pm (5 contact hours)
WHERE: Florida Atlantic University
Boca Raton, FL

June 19-23, 2006 RETREAT
The Duncan Cen- ter
Delray Beach,

FCN Alumni:

Update and continuing education options:

April 28, 2006
October 2006

Networking Brown Bag Luncheons

Who: Parish nurses and others interested in parish nursing

Special Program: Congregational Programming On End of Life Issues
Learn how to prepare and present a series of topics including: advanced directives, wills, living wills, etc.

When: *January 23 & February 27, 2006*
Where: Joan of Arc Catholic Church
370 SW 3rd Street
Boca Raton, FL

Bring your lunch. Beverage provided. Good dialogue guaranteed.

Call: IHWA @ 561-379-1972

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Clip and Post: SMILE, RAISE YOUR HANDS,

If you suspect that someone is having a stroke, ask the person to do three things:

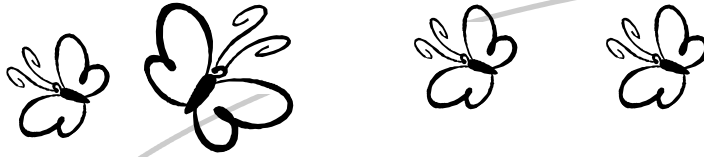
1. Smile
2. Raise both arms and keep them up
3. Speak a simple sentence

If the person has difficulty performing *any* of these tasks, **call 911**. This quick test, presented at the International Stroke Conference this year, helps identify facial weakness, arm weakness, and speech problems. All often occur with a stroke.

Get emergency help also if the person is experiencing sudden confusion, trouble seeing in one or both eyes, difficulty walking, leg weakness or numbness, dizziness, loss of balance or a sudden severe headache. Get help even if these symptoms only last a few minutes. The earlier medical treatment is started after a stroke, the better the chance of recovery.

Taken from the UC Berkeley Wellness Letter, November 2005

- Faith Community Nursing Practice Roles:**
- Health counselor
 - Health educator
 - Health advocate
 - Referral liaison
 - Developer of support groups
 - Volunteer trainer
 - Integrator of faith and health



Stay in touch with the latest local, state and national information about faith community nursing with a membership in *Interfaith Health & Wellness Association*. **JOIN TODAY!**
Send Application and fees to: Interfaith Health & Wellness Association, Inc.
P.O. Box 1885
West Palm Beach, FL 33401

MEMBERSHIP APPLICATION
 (annual)

CHOICE OF MEMBERSHIP

GIFT OPPORTUNITIES

- ____ *Associate* (any interested person and RN's with no IPNRC certificate) **\$75.00**
- ____ *Affiliate—Alumni* (RN with IPNRC certificate) **\$60.00**
- ____ *Affiliate-Congregation/Corporate*
 - ___ Individual **\$85.00**
 - ___ < 5 faith community nurses
 - ___ one nurse **\$60.00**
 - ___ 2-5 (per nurse) **\$55.00**
 - ___ >5 faith community nurses per nurse **\$45.00**

*In addition to purchasing a membership, you may support **Interfaith Health & Wellness Association**, [a 501 (c)(3) non-profit organization], with a gift. You will receive recognition in our annual campaign for your tax deductible contribution.*

___ Charitable Contribution enclosed
 Amount \$ _____

MEMBERSHIP INFORMATION: Associate/Affiliate Alumni (To be completed by each nurse)

Name: _____

Address: _____

Phone: _____ E-mail: _____

License Number: _____

Faith Community Affiliation: _____

Address: _____

Corporate Affiliation (if under corporate membership) _____

Corporate Address: _____

CONGREGATIONAL/CORPORATION: (complete this section and each nurse the above box)

Congregation/Corporation: _____

Address: _____

Contact Person: _____ Title: _____

Phone: _____ E-mail: _____

Supporting faith-based nursing practice in South Florida

The Newsletter is published quarterly in January, April, July & October

301 South Olive Avenue
West Palm Beach, FL 33401

Phone: 561-379-1972
Email: IHWAssoc@aol.com



ON THE WEB AT:
IHWASSOC.ORG

Resource CORNER:

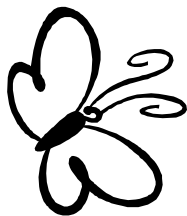
Internet websites:

1. International Parish Nurse Resource Center—www.parishnurses.org
2. Stephen Ministries—www.stephenministries.org
3. Journal of Christian Nursing—www.intervarsity.org/ncf/jcn
4. Health Ministries Association—www.hmassoc.org
5. American Nurses Association—www.nursingworld.org
6. Florida Nurses Association—www.floridanurse.org/
6. Florida League for Nursing—www.thefln.org
7. Interfaith Resources—<http://www.interfaithresources.com/products/inunity.cfm>

NEW BOOK—Just published!

Healing Words for Healing People

Parish nurses, doctors, clergy – all these people are “healing people” who are about the work of “healing people.” A new book of prayers and meditations for these professionals, written by Deborah Patterson has just been released by The Pilgrim Press. Available through The Pilgrim Press at <http://www.thepilgrimpress.com/>, through Eden Bookstore 877-627-5653 (toll-free), or through your favorite on-line bookseller.



Interfaith Health & Wellness Association, Inc. is pleased to announce continuing funding for year two from the:

- Community Foundation of Palm Beach and Martin Counties
- Allegany Franciscan Foundation
- Palm Healthcare Foundation
- Frank L. Lewis Foundation

Major in-kind donations from the:

- First Presbyterian Church- WPB

BUT

IHWA NEEDS YOUR HELP!

Share with your congregations outreach ministry or benevolence committee the work of IHWA. **Suggest a financial contribution. Also, consider one yourself.** To continue growing and affecting health-care access, expanded revenues are necessary. All contributions will graciously be appreciated. **Send donations to:**

IHWA
P.O. Box 1885
West Palm Beach, FL 33401

Faith-based nursing means true

CARING!

Body

*Mind
Spirit*



for

Healing & Wellness



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